



**Stress and Anxiety** - Management, of these common and persistent conditions, is very important. Daily structured exercise is critical. Additionally we strongly recommend **combining at least 2** or more of the following calming aids:



Utilizing research on how sound effects animals, **Pet Acoustics'** innovative products have helped thousands of pets and pet owners worldwide to help modify stress induced behaviors. Calming music is pleasantly soothing to animals and their people.



Synthetic calming pheromones such as **Adaptil** dog collars and **Feliway** for cats. Cats and dogs of all ages recognize and respond to pheromones throughout life. This is an easy and effective addition to managing stress and anxiety.



**Zylkene** is an edible supplement that may help support dogs and cats in situations where they find they need to adapt their behaviour to cope. These include kennel and cattery stays, house moves, arrival of a new pet or baby, sudden noises e.g. fireworks, travel, vet or groomer visits and holiday festivities, and even help cats cope in a multi-cat household.



**Platinum Serenity** is a herbal formula consisting of Magnolia Officinalis (a botanical) and Theanine (an amino acid) which may help maintain calmness in some dogs. This may be useful for dogs that exhibit nervousness, hyperactivity or respond to environmentally induced stress.



The **Thunder Shirt** applies gentle, constant pressure, similar to swaddling an infant. Some animals are significantly calmed by this source of comfort.